



Smith's Hill High School

Sport Procedure and Information Document



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1. Recreational Sport (Thursday mornings)

Recreational sport runs each Thursday morning from 8.25am - 10am. Students are required to attend Recreation Sport on a consistent weekly basis as this aligns with the NSW Department Policy of 150 minutes of planned physical activity each week.

1.1. Weekly Procedure

1. When the bell rings all students meet in the main quadrangle at 8.25am and line up in their allocated sport lines.
2. All rolls are to be marked on Sentral.
3. All students are required to submit a permission note to attend their chosen sport
4. If a waiver is required, this will need to be completed and signed by a parent/ guardian before the student can participate.
5. If water is involved in the activity, students will be required to complete a special water consent form and a proficiency swim prior to participating in the chosen / allocated sport.
6. All students leaving school grounds to attend sport MUST attend school first, have their name marked off at sport attendance/roll call and leave with the teacher in charge of the specific sport utilising the transport required for the sport.

1.1.1 *Walking to sport*

1. Students walking to the sport venue are to stay with their teacher at all times on the way to and from the venue.
2. Students are to follow the directed walking route that is allocated on the risk assessment for the specific sport. The teacher of the sport will direct you on the walking route.
3. Any student with medical needs leaving school grounds need to make sure they have the required medication on them at all times. E.g Asthma puffer, EPI Pen.

1.1.2 *Transporting via bus*

1. All students that are required to catch the bus to sport will be required to pay a bus fee on a weekly basis. This fee will be paid as the student enters the bus.
2. Students are to line up in a single file to enter the bus.
3. Every student and teacher is by law to have a seat on the bus. No student is to be standing on the bus at any time the bus is moving.

1.2 Non Sport

1. Students attending non sport will be required to attend the allocated non sport room when the bell rings at 8.25am.
2. Students are required to have a note outlining their reasons for not attending and participating in sport for that particular day. This note needs to be either a signed and dated note by parents and for extended absences from attending sport will need an attached medical certificate clearly stating the predicted length of non participation.
3. Students are NOT permitted to complete any school homework or assessments during this time. This is not a time where the student can gain an academic advantage in progressing their knowledge, understanding and skills in a particular subject offered at Smith's Hill High School or part of an institution that offers extension work that would complement their academic training.

1.3 Sport Detention

1. Students will attend sport detention as a consequence of not doing the right thing at sport.
2. Students attending Sport Detention will attend the allocated room at 8.25am and record their name with the teacher.
3. Students will be given a formal first warning when attending sport detention, if the student is referred to Sport Detention for a second time, the student will have a detention in their lunch time from 10am - 10.20am.
4. During Sport Detention students are to either read a book or sit in silence for the 90 minutes duration of sport. Students are not to gain an academic advantage on any subject while attending sport detention.

2. Trials

2.1 Zone trials

Selected team sport trials will go through the Zone Trial selection process. Students will be informed by the Smith's Hill High School, School Sport Organiser if this is the process for their specific sport.

Online calendar is available with all up to date information about South Coast, CHS and All Schools nominations, trials and competitions.

<https://app.education.nsw.gov.au/sport/Calendar/TermCalendar?t=210&a=6&sp=&el=-100&et=&act=&st=2,8,3,5,4&pl=True&se=True&nep=True&nes=True&ml=False&vat=True&vaw=False>

Event Type

-  NSW Primary Schools Sports Association events
-  NSW Combined High Schools Sports Association events
-  NSW All School events
-  Regional events
-  National/international events
-  Professional learning events for school teachers
-  Events for students with disabilities
-  School swimming events

2.2 South Coast trial procedure

All South Coast Sport trials are documented on the South Coast School Sport website:

https://app.education.nsw.gov.au/sport/PageByName?name=APPS_FORMS&assold=6&templd=10&layld=20

2.3 South Coast trials / nominations process

South Coast Sport - Nomination Forms and Trials.

Any SHHS student wishing to take part in individual trials needs to check the South Coast trial calendar.

All nominations for trials are due on Fridays throughout the term. The nomination form must be submitted and approved prior to the due date and it also needs to be signed by SHHS Sports Organiser (Ms Tweddle) and The Principal (Mr Deitz). This process can take time and students must be proactive and responsible for doing this.

Step 1 - See Ms Tweddle and get a nomination form

Step 2 - Take it home and complete all required information

Step 3 - Submit the form to the front office and Mr Deitz will sign all the forms at once.

Step 4 - Ms Tweddle will sign the form

Step 5 - Get the form back from the front office and submit the form to the teacher on the nomination form via email.

Step 6 - Attend the trial (Students CAN NOT attend a trial if they have not nominated for the trial)

2.4 South Coast Teams - form submission process

Step 1 - Take it home and complete all required information

Step 2 - Submit the form to the front office and Mr Deitz will sign all the forms at once.

Step 3 - Ms Tweddle will sign the form

Step 4 - Get the form back from the front office and submit the form to the teacher on the nomination form via email.

Step 5 - Attend the competition (Students CAN NOT attend a competition without being signed off by the school and submitting the permission note)

2.5 CHS - representation and forms process

Step 1 - Take it home and complete all required information

Step 2 - Submit the form to the front office and Mr Deitz will sign all the forms at once.

Step 3 - Ms Tweddle will sign the form

Step 4 - Get the form back from the front office and submit the form to the teacher on the nomination form via email.

Step 5 - Attend the competition (Students CAN NOT attend a competition without being signed off by the school and submitting the permission note)

3. Carnivals

Smith's Hill High School holds 3 whole school carnivals per year. Each carnival allows students to progress through to the next level of competition.

Swimming - School, Northern Illawarra Zone, South Coast Regional and NSW CHSSA Championships

Cross Country - School, Northern Illawarra Zone, South Coast Regional and NSW CHSSA All Schools Championships

Athletics - School, Northern Illawarra Zone, South Coast Regional and NSW CHSSA Championships.

4. School Knockout Teams

Smith's Hill High School aims to be able to provide a number of school sport knockout teams. The submission of these teams requires teachers to be able to be available to coach and run the teams at various competitions. This will require teachers to be out of lessons to support the whole school sport process.

The Teacher in charge of coaching the team will advertise a sign up to trial for the team. If the correct amount of students apply, no trial will be held and all sign up students will make the team. If there are numerous students that sign up, a trial will be held and the best player for the position and the team will be chosen.

Most Knockout competitions are Opens, which means that students of any age from Year 12 - 7 will be trialling for a spot on a team.

Students who are part of a Knockout Team will be required to adhere to the 'Code of Conduct' and understand there will be consequences for breaking 'Code of Conduct' rules.

<https://app.education.nsw.gov.au/sport/PageByName?name=KNOCKOUTS&assold=13&templd=10&layld=30>

5. Newsletter Entries and recognition

Students representing at DET and All schools competition will gain recognition via a Newsletter entry and the school social media platforms.

In order for this to efficiently and effectively occur, students must communicate this to the school sports organiser. It is the students or parent / guardian's responsibility to communicate this due to the delay of information that is fed back to the school in terms of results.

Students representing their sport in outside school competitions e.g. Illawarra Netball, Junior Hawks Basketball, Wolves Football, will not have their achievements published on the school forum. Smith's Hill High School understands that the student achievement is outstanding, however, we need to restrict these achievements to Department based competitions.

6. Sports and Blues Awards

6.1 Smith's Hill High School - School Sporting Blue Award

Smith's Hill Sporting Blues Awards are split up into Junior (Yr 7,8,9) and Senior (Yr 10,11,12) Blues awards. Students can only achieve a school Blue Award if they have represented in their sport at CHS level. The student can only receive the school Blue Award ONCE in each category E.g. Once in junior and once in Senior.

Each level of representation have a sporting blue process and the sports organiser will nominate and fill out an application process to address the specific selection criteria of the blue award. A panel will then decide who is eligible to receive the awards.

6.2 Smith's Hill High School - Year Group 'SportsPerson of the Year'

Through a points system, students achieve points for their level of representation of sport. The points are calculated and students the student with the highest amount of points will receive the award for that calendar year.

7. Code of Conduct

CODE OF CONDUCT FOR PLAYERS, TEACHERS, COACHES, PARENTS, SPECTATORS AND OFFICIALS

- The goals of the game are to have fun and improve skills
- Be modest in success and generous in defeat
- Play by the rules and always respect the decisions of officials
- Make no criticism by word or gesture
- Deliberately distracting or provoking an opponent or player is not acceptable or permitted in any sport
- Be a good sport. Applaud good performance and efforts from all individuals and teams. Congratulate participants on their performance regardless of the outcome
- Condemn unsporting behaviour and promote respect for opponents
- Condemn the use of violence in any form
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion
- Ensure any social media about or around school sport events is responsible and appropriate
- Place the safety and welfare of the participants above all else
- All school sports events are alcohol and smoke free zones
- Parents not adhering to the Sport Code of Conduct will be expected to remove themselves from the sporting event if requested by officials
- When chosen to represent the School or Zone, students must wear full school sports uniform unless directed otherwise

Student Signature: _____ **Date:** _____

Parent Signature: _____ **Date:** _____