ISSUE 11 01 September 2020





# **Principal's Message**

In addition to doing well academically, it is important for school students to develop the personal skills and attributes that will assist them.....

Read more

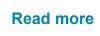


# **R U OK Schedule**

This week, all Smith's Hill High students will participate in a range of activities .....









## Fostering your child's wellbeing

30% of 7-18 year olds report a lack of sleep, high levels of stress and depressive symptoms......





#### PAW group meets WIRES joeys in care

PAW (Protecting Animal Welfare), Smith's Hill High School's animal welfare social justice group......



| Daily Structure 20 | 20 |
|--------------------|----|
|--------------------|----|

|                            | Monday  |               | Tuesday | Wednesday |               | Thursday   |               | Friday |
|----------------------------|---|---------------|---------|-----------|---------------|------------|---------------|--------|
| 8:25 - 9:40                | 1   | 8:25 - 9:45   | 1       | 1         | 8:25 - 10:00  | Sport      | 8:25 - 9:45   | 1      |
| 9:40 - 9:55                | Assembly  | 9:45 - 11:05  | 2       | 2         | 10:00 - 10:40 | LUNCH<br>2 | 9:45 - 11:05  | 2      |
| 9:55 - 10:35               | EnRICH  |               | 2       | 2         |               |            |               |        |
| 10:35 - 10:55              | RECESS  | 11:05 - 11:25 | RECESS  | RECESS    | 10:40 - 11:55 |            | 11:05 - 11:25 | RECESS |
| 10:55 - 12:10              | 3   | 11:25 - 12:45 | 3       | 3         | 11:55 - 1:10  | 3          | 11:25 - 12:45 | 3      |
| 12:10 - 12:50              | LUNCH   | 12:45 - 1:25  | LUNCH   | LUNCH     | 1:10 - 1:30   | RECESS     | 12:45 - 1:25  | LUNCH  |
| 12:50 - 2:05               | 4   | 1:25 - 2:45   | 4       | 4         | 1:30 - 2:45   | 4          | 1:25 - 2:45   | 4      |
| 2:05 - 2:45<br>2:45 - 3:25 | SRE – 9-12<br>Homework Hub –<br>All Years<br>Hometime | 2:45 - 3:25   | 5       | 5         | 2:45 - 3:25   | 5          | 2:45 - 3:25   | 5      |

## Bell Times 2020

Updated bell times for your information





How do you diagnose a dinosaur?......







# NSW DOE Term Dates 2019-2020 2019 NSW term dates - Term 1 (Eastern division) - Tuesday 29 January to Friday 12 April.....

Read more

We're here to help if you have any questions or need assistance. Smith's Hill High School Phone: (02) 4229 4266 - Mon-Fri 8:15am - 3:30pm

